



TIMETABLE 2012

Starts January 30th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-4:00 <i>Private lessons</i>	9:00-4:00 <i>Private lessons</i>	9:00-4:00 <i>Private lessons</i>	9:00-4:00 <i>Private lessons</i>	9:00-4:00 <i>Private lessons</i>	9:00-9:45 <i>Weapons (E)</i>
4:15-4:45 <i>MiniStrike</i>	4:15-5:00 <i>Cheerleading</i>	4:15-4:45 <i>MiniStrike</i>	4:15-4:45 <i>MiniStrike</i>	4:15-4:45 <i>MiniStrike</i>	9:45-10:30 <i>Strike (E)</i>
4:45-5:30 <i>Basic</i>	5:00-5:45 <i>Teenage SD</i>	4:45-5:30 <i>Basic</i>	4:45-5:30 <i>Intermediate</i>	4:45-5:30 <i>Basic</i>	10:30-11:00 <i>Excellence</i>
5:30-6:15 <i>Intermediate</i>	5:45-6:30 <i>Basic</i>	5:30-6:15 <i>Intermediate</i>	5:45-6:30 <i>Basic</i>	(Starts 24th February)	11:00-11:45 <i>Sparring</i>
6:15-7:00 <i>Advanced</i>	6:30-7:15 <i>Intermediate</i>	6:15-7:00 <i>Advanced</i>	6:30-7:15 <i>Strike (E)</i>	Book your place at reception now	12:00-12:45 <i>Kids SD</i>
7:00-8:00 <i>Adults (Basic)</i>	7:15-8:15 <i>Adults</i>	7:00-8:00 <i>Adults (Basic)</i>	7:30-8:30 <i>Adults (Mixed)</i>		12:45-1:30 <i>Teenage SD</i>
8:00-9:00 <i>Adults (Int/Adv)</i>					2:00 <i>Birthday Parties</i>
					4:00 <i>Birthday Parties</i>

Please book your place at reception to join new classes.

SD=Streetdance

Please Note: Basic = White-Orange belts, Intermediate = Green-Brown, Advanced = Brown/Black Stripe and above

For more information and to confirm times please call: 0114 248 51 88